

## **MeRes-1 Study:**

**Three-year clinical and two-year multimodality imaging outcomes of thin-strut sirolimus-eluting bioresorbable vascular scaffold in patients with coronary artery disease**

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**Chairman- Interventional Cardiology**

**Medanta-The Medicity, India**

**On Behalf of MeRes-1 Investigators**

**Speaker's name : Praveen Chandra**

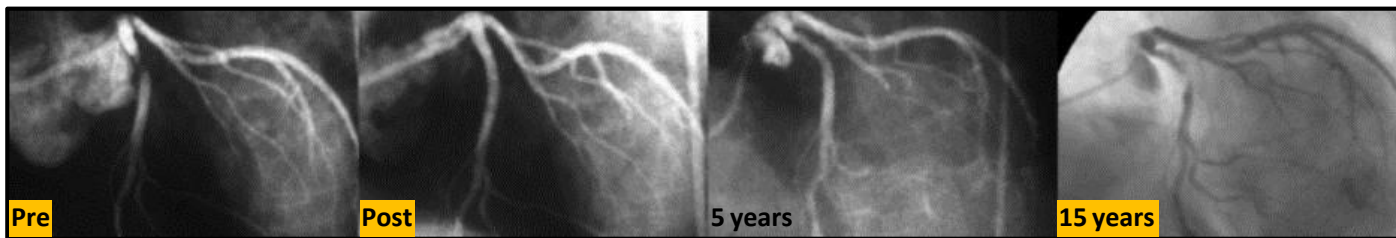
☒ I have the following potential conflicts of interest to declare:

Grant/ Research support: Meril Life Sciences

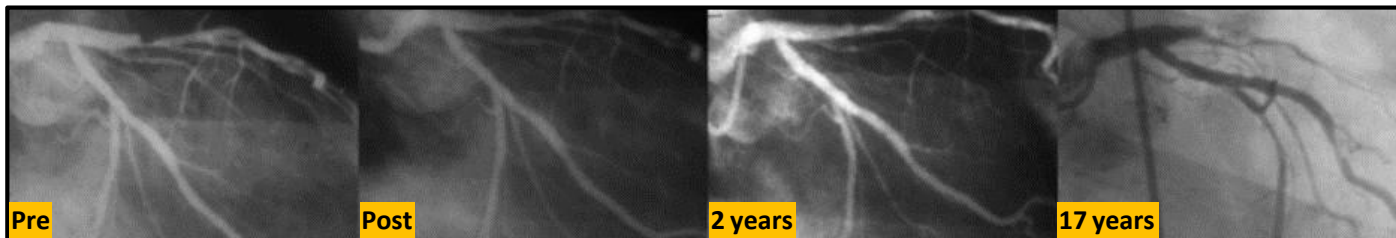
# Why do we Need a New Approach for Coronary Artery Disease?

## Very late adverse events after metallic stents

### In-stent restenosis (at 15 years)



### Stent thrombosis (at 17 years)



# Leave no permanent implant behind – Future Tx Possibilities



**The Promise of 1<sup>st</sup> Gen BVS– ‘Golden Tube’**

# Initial Results of BVS were promising

## Clinical outcomes

Data are present in %

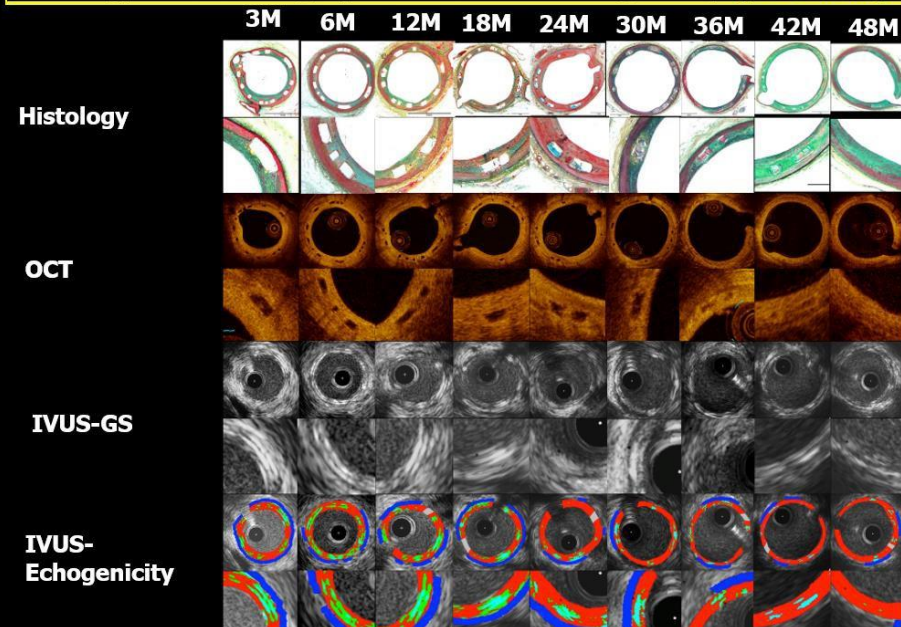
Non-hierarchical	30 days N=101	1 year N=101	2 years N=100	3 years N=100	4 years N=100*	5 years N=100
All death	0	0	0	1.0	3.0	3.0
<b>Cardiac death</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Myocardial Infarction</b>	<b>2.0</b>	<b>3.0</b>	<b>3.0</b>	<b>3.0</b>	<b>3.0</b>	<b>3.0</b>
Non Q-wave MI	2.0	3.0	3.0	3.0	3.0	3.0
All-TLR	0	5.0	9.0	10.0	10.0	11.0
<b>ID-TLR</b>	<b>0</b>	<b>4.0</b>	<b>6.0</b>	<b>7.0</b>	<b>7.0</b>	<b>8.0</b>
ID-TVR	0	4.0	8.0	10.0	10.0	11.0
<b>MACE</b>	<b>2.0</b>	<b>6.9</b>	<b>9.0</b>	<b>10.0</b>	<b>10.1</b>	<b>11.0</b>
TVF	2.0	6.9	11.0	13.0	13.1	14.0

MACE: Cardiac death, any MI, ID-TLR; TVF: Cardiac death, any MI, ID-TVR

\*=backfilled

Absorb 5-Year Cohort B Presented by Patrick W. Serruys

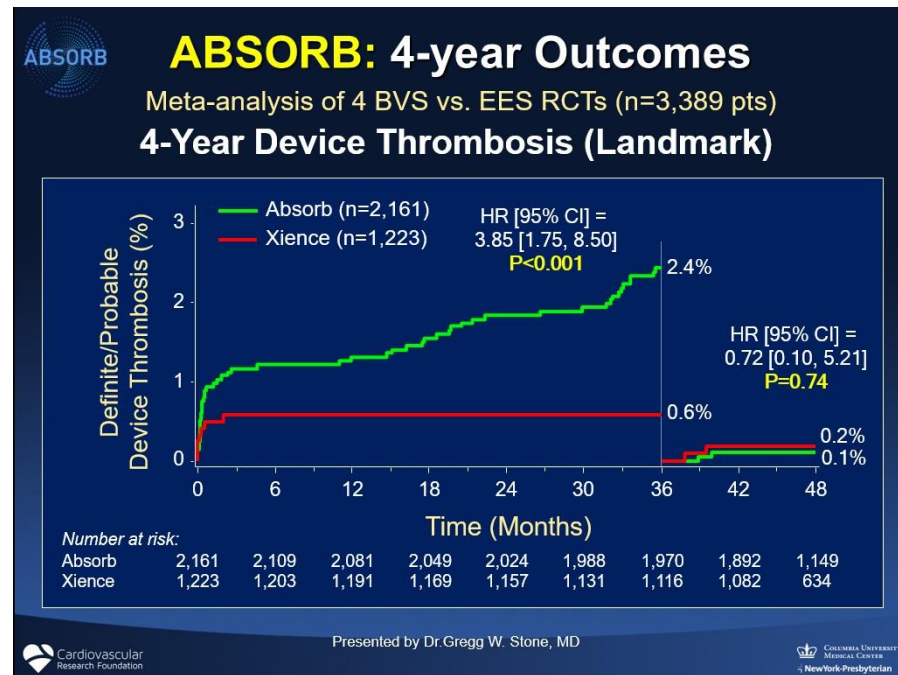
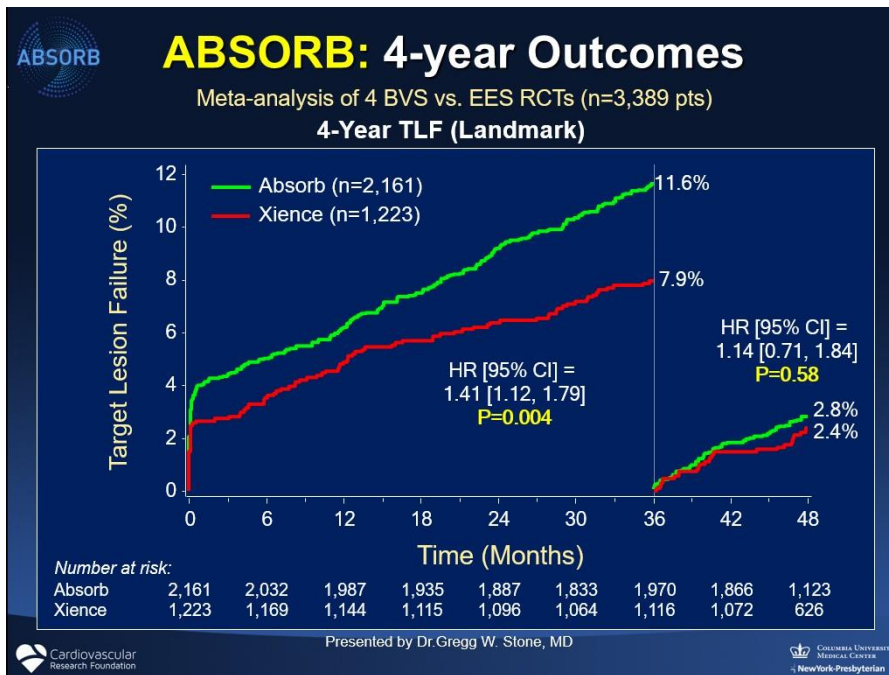
## Comprehensive imaging of Bioresorption and Integration process: Histology, OCT, IVUS-greyscale and IVUS echogenicity (preclinical)



Absorb 5-Year Cohort B Presented by Patrick W. Serruys



# But, Reality was presenting differently & we learnt from the same



- ✓ BVS specific procedures/techniques – lesion selection, dilatation, sizing
- ✓ 2<sup>nd</sup> Generation device required

# What are we looking from 2<sup>nd</sup> Generation BRS?

## Acute Performance + Long Term Safety and Efficacy

**Reduced strut thickness**, improved profile for better deliverability

**Faster degradation** and possibly **lower Scaffold Thrombosis**

**Large size matrix** to cover multitude of morphologies

Ability to **treat lesions across clinical spectrum**

**Regular Cath-lab storage** conditions & long shelf life



# MeRes100 – The 2<sup>nd</sup> Generation BRS

## Features

Cell Design

Scaffold to  
Artery Ratio

Strut  
Thickness

Crossing  
Profile

RO Markers

Size Matrix

Storage

## 1<sup>st</sup> Gen BVS

Multi-link design platform

35-40%

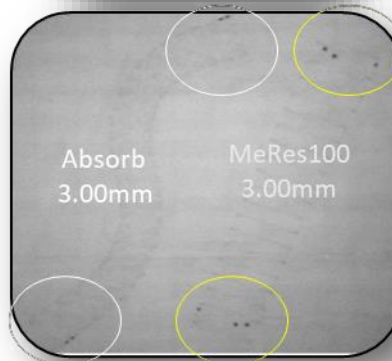
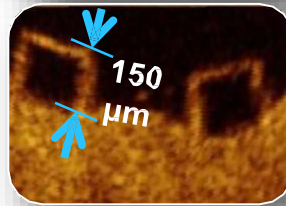
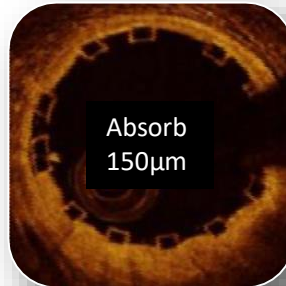
150 $\mu$ m

1.4mm

Pair of RO markers at  
opposite end

14 SKUs  
D 2.50-3.50 mm & L 8-28 mm

Prefer Refrigeration



## MeRes100

Hybrid Geometry

24%

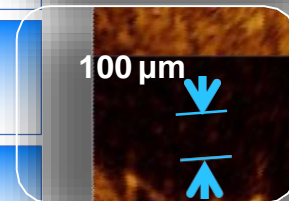
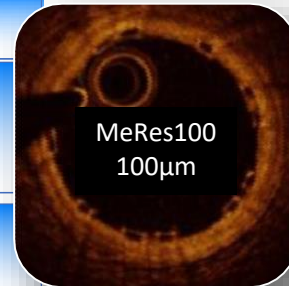
100 $\mu$ m

1.2mm

Couplets of 3 RO markers  
on each end

63 SKUs  
D 2.50 – 4.00 mm & L 8-40 mm

Cath-Lab Temperature

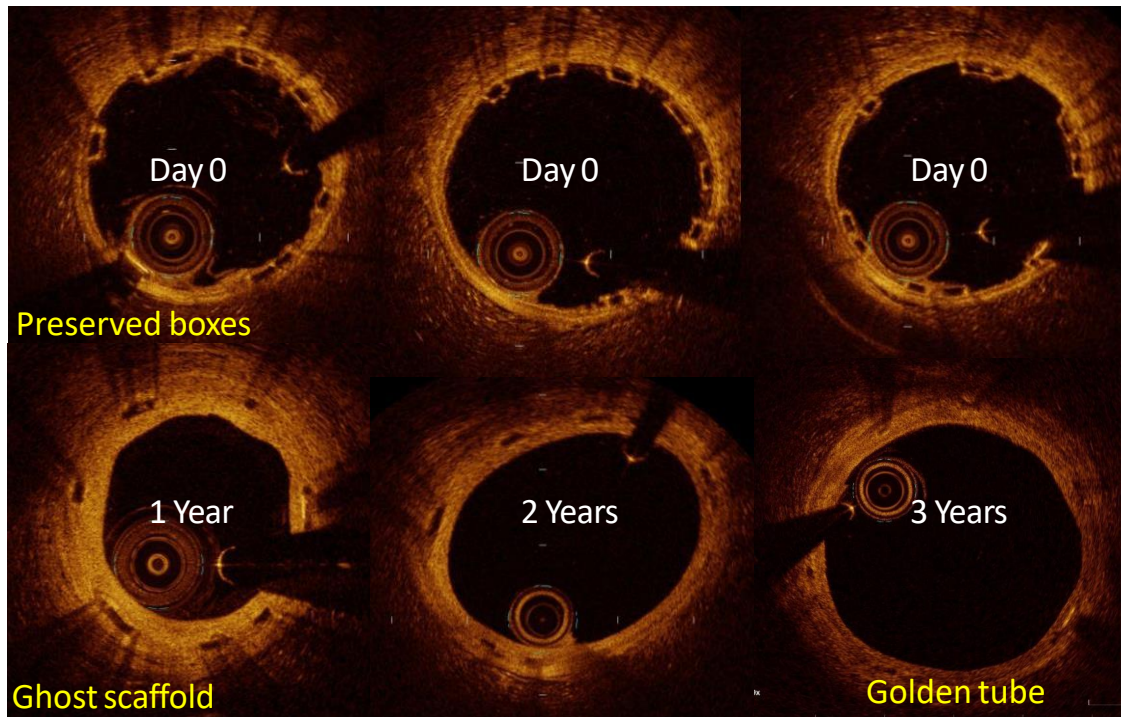




# OCT images illustrating the changes of strut core appearance at Day 0 and at 1 , 2 & 3 Years Follow-up

## MeRes100 BRS: Evidence of 'Golden Tube'

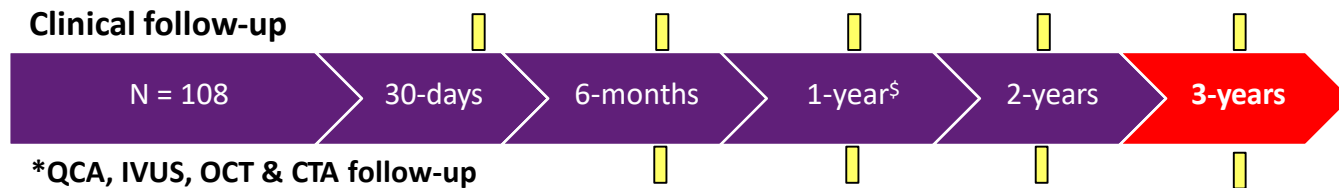
Pre-Clinical



Source: MeRes100 in Porcine coronary arteries, CRF Skirball Centre for Innovation



***First-in-Human*** Safety and Efficacy in Patients with Single, De-novo Coronary Lesion (in up to 2 vessels) treated by a Single MeRes100 Scaffold up to 24mm length **in 108 pts**



CLINICAL FOLLOW-UP	108	108	108	<b>108</b>	<b>108</b>
ANGIOGRAPHIC FOLLOW-UP	-	37	-	<b>37</b>	-
OCT FOLLOW-UP	-	13	-	<b>13</b>	-
IVUS FOLLOW-UP	-	12	-	<b>12</b>	-
CTA FOLLOW-UP	-	-	12	-	-

Diameters            – 2.25-4.50 mm  
 Lengths            – 13-48 mm  
 DAPT    Rx            – 1 year

## Key Inclusion Criteria

- Age 18-65 years
- Up to 2 lesions in native arteries
- 1 lesion per target vessel allowed
- **RVD 2.75-3.50 mm**
- **Lesion length  $\leq$  20 mm**
- Stenosis  $\geq$  50% &  $<$  100%
- TIMI  $\geq$  1

## Key Exclusion Criteria

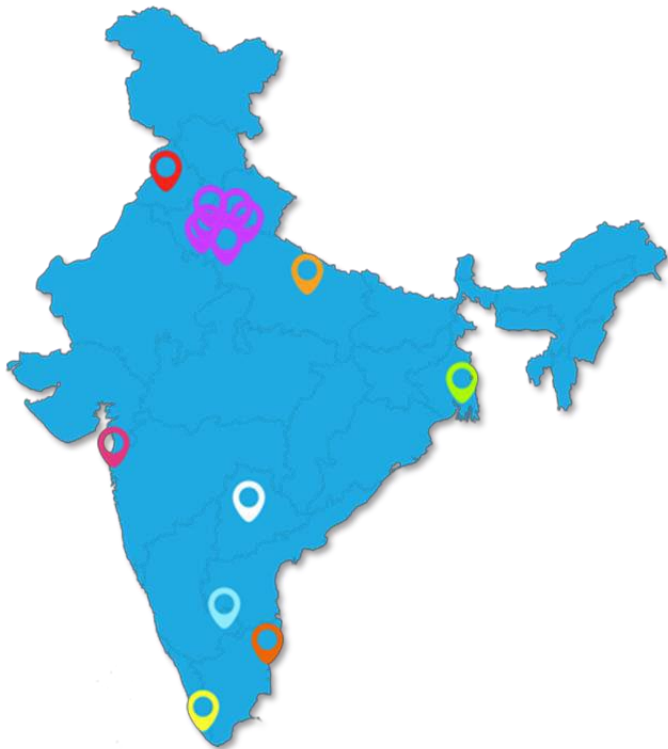
- **Acute MI  $<$  7 days**
- Creatinine  $\geq$  1.3 mg/dL
- Prior revascularization
- LVEF  $\leq$  30%
- LM and/or Ostial location
- **Significant calcification**
- Bifurcation lesion (SB  $>$  2 mm)
- Severe tortuosity/angulation

- **Safety**
  - Primary Endpoint:
    - MACE at 6-month (Cardiac death, MI\*, ID-TLR)
  - Secondary Endpoints:
    - Device & procedure success
    - Scaffold thrombosis (ARC defined)
- **Efficacy**
  - QCA: Late lumen loss (in-scaffold / in-segment)
  - OCT: Minimum lumen area (flow area), NIH area
  - IVUS: Scaffold & lumen area, %VO
  - CTA: Mean/minimal lumen, plaque & vessel area; Area stenosis; % Cross sections with calcified, mixed & non-calcified plaque

\* Definition of MI – includes all Myocardial Infarction

- PI – Dr. Ashok Seth, Fortis Escorts, New Delhi
- Co-PI – Dr. Praveen Chandra, Medanta, Gurugram
- Co-PI – Dr. Vinay K. Bahl, AIIMS, New Delhi
- Core Labs
  - Angiographic – Cardiovascular Research Center, Sao Paulo
  - IVUS / OCT /CTA – Cardialysis, Rotterdam
- CRO
  - Data Management – JSS, New Delhi

108 Patients, 13 Investigating Sites



Investigating Site	City	Investigator	# Enrolled
Jayadeva	Bangalore	Dr. C. N. Manjunath	23
LTMG	Mumbai	Dr. Ajay Mahajan	20
Max	New Delhi	Dr. Viveka Kumar	13
SGPGI	Lucknow	Dr. P. K. Goel	11
Medanta The Medicity	Gurugram	Dr. Praveen Chandra	10
AIIMS	New Delhi	Dr. Vinay K. Bahl Dr. Sundeep Mishra	07
Hero DMC	Ludhiana	Dr. G. S. Wander	07
Fortis Escorts	New Delhi	Dr. Ashok Seth	06
Apollo	Chennai	Dr. Samuel Mathew Dr. G. Sengottuvelu	04
Sree Chitra	Trivandrum	Dr. Ajit Kumar V. K.	03
Fortis Vasant Kunj	New Delhi	Dr. Upendra Kaul	02
GB Pant	New Delhi	Dr. Vijay Trehan	01
Apollo Jubilee Hills	Hyderabad	Dr. P. C. Rath	01



Clinical characteristics of the patients	n = 108
Age, Years, (mean $\pm$ SD)	50.1 $\pm$ 8.8
Male, n (%)	77 (71.3)
<b>Smokers, n (%)</b>	<b>18 (16.7)</b>
<b>Diabetes mellitus, n (%)</b>	<b>30 (27.8)</b>
Dyslipidemia, n (%)	14 (13.0)
Hypertension, n (%)	45 (41.7)
<b>Previous Myocardial Infarction (&gt;7 days), n (%)</b>	<b>37 (34.3)</b>
<b>Clinical Presentation, n (%)</b>	
Stable Angina	56 (51.9)
Unstable Angina	37 (34.3)
Silent Ischemia/Asymptomatic	15 (13.9)
Left ventricular ejection fraction, %, (mean $\pm$ SD)	50.6 $\pm$ 9.9
Type B1/B2/C Lesions	93.1%
<b>100% device and 99% procedural success</b>	

# Cumulative Clinical Outcomes up to 3-year Follow-up



Events, n (%)	In-Hospital n =108	6-month n =108	1-year n = 107	2-year n = 107	3-year n=107
<b>Cumulative MACE</b>	<b>0 (0)</b>	<b>0 (0)</b>	<b>1 (0.93)</b>	<b>2 (1.87)</b>	<b>2 (1.87)</b>
Cardiac Death	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)
Myocardial Infarction	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)
ID-TLR	0 (0)	0 (0)	1 (0.93)	2 (1.87)	2 (1.87)
<b>Non-cardiac death</b>	<b>0 (0)</b>	<b>1 (0.93)*</b>	<b>1 (0.93)</b>	<b>1 (0.93)</b>	<b>1 (0.93)</b>
<b>Scaffold Thrombosis</b>	<b>0 (0)</b>	<b>0 (0)</b>	<b>0 (0)</b>	<b>0 (0)</b>	<b>0 (0)</b>

\*Death due to Aminophylline-induced anaphylactic shock. @ Myocardial Infarction defined as per WHO criteria. \$ ARC defined criteria.

**Sustained successful clinical outcomes up to 3 years**

# Cumulative Clinical Outcomes up to 3-year Follow-up



## Clinical outcomes

Data are present in %

Non-hierarchical	30 days N=101	1 year N=101	2 years N=100	3 years N=100
All death	0	0	0	1.0
<b>Cardiac death</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Myocardial Infarction</b>	<b>2.0</b>	<b>3.0</b>	<b>3.0</b>	<b>3.0</b>
Non Q-wave MI	2.0	3.0	3.0	3.0
All-TLR	0	5.0	9.0	10.0
<b>ID-TLR</b>	<b>0</b>	<b>4.0</b>	<b>6.0</b>	<b>7.0</b>
ID-TVR	0	4.0	8.0	10.0
<b>MACE</b>	<b>2.0</b>	<b>6.9</b>	<b>9.0</b>	<b>10.0</b>
TVF	2.0	6.9	11.0	13.0

MACE: Cardiac death, any MI, ID-TLR; TVF: Cardiac death, any MI, ID-TVR

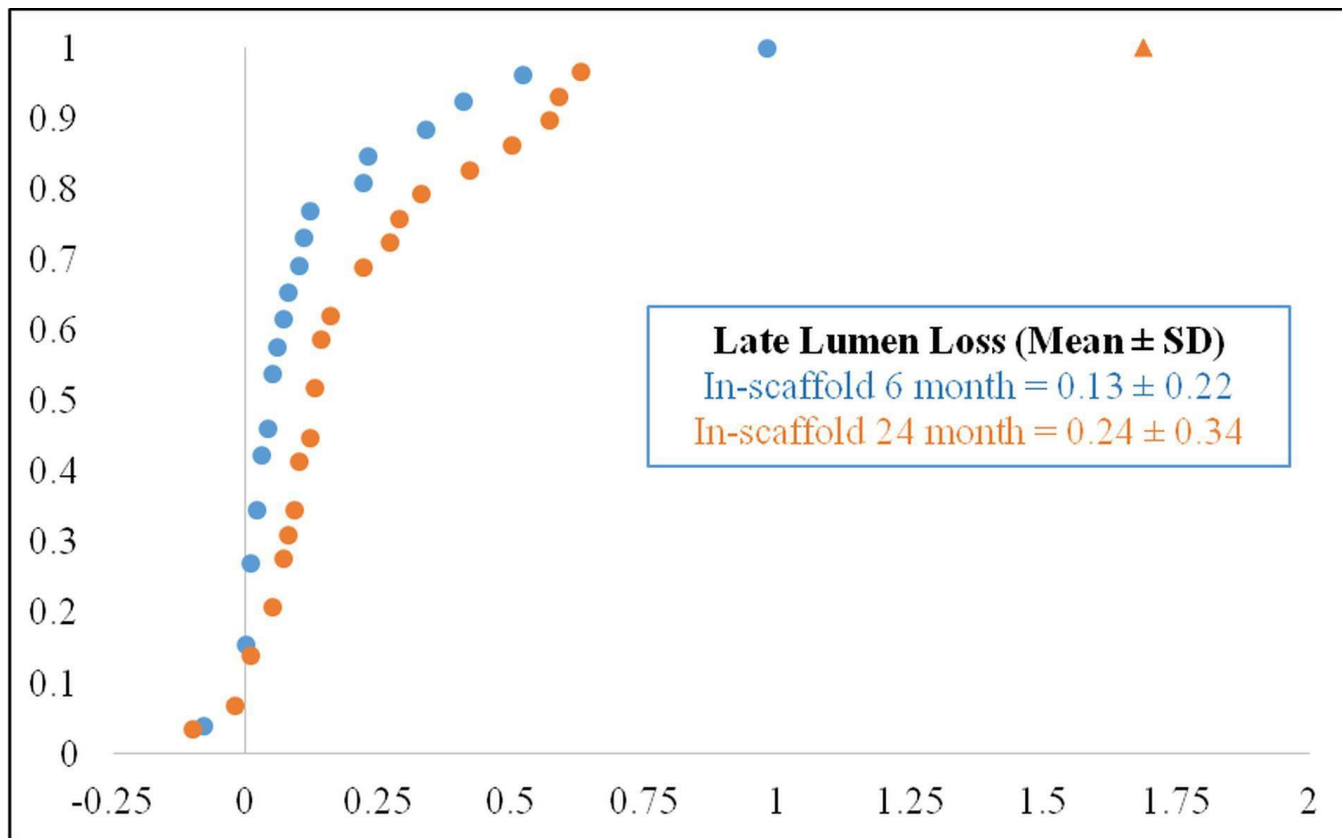
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Events, n (%)	In-Hospital n =108	6-month n =108	1-year n = 107	2-year n = 107	3-year n=107
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Cardiac Death	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)
Myocardial Infarction	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)
ID-TLR	0 (0)	0 (0)	1 (0.93)	2 (1.87)	2 (1.87)
<b>Non-cardiac death</b>	<b>0 (0)</b>	<b>1 (0.93)*</b>	<b>1 (0.93)</b>	<b>1 (0.93)</b>	<b>1 (0.93)</b>
<b>Scaffold Thrombosis</b>	<b>0 (0)</b>	<b>0 (0)</b>	<b>0 (0)</b>	<b>0 (0)</b>	<b>0 (0)</b>

MeRes-1 Study

Absorb 5-Yr Cohort-B

# Cumulative Frequency Distribution Curve for In-scaffold Late Lumen Loss



# Paired OCT analysis



Characteristic	Post-procedure (n=9)	6-Month (n=9)	2- year (n=9)	Friedman p-value
Mean flow area, (mm <sup>2</sup> )	7.33±2.28	6.99±2.75	6.49±2.79	0.032
Mean lumen area, (mm <sup>2</sup> )	7.69±2.36	6.99±2.75	6.49±2.79	0.008
Minimum lumen area, (mm <sup>2</sup> )	6.59±2.12	4.99±1.65	4.29±2.00	<0.01
Mean scaffold area, (mm <sup>2</sup> )	8.06±2.51	8.64±3.05	8.39±3.19	0.121
Minimum scaffold area, (mm <sup>2</sup> )	7.13±2.29	7.05±2.02	6.29±2.43	0.120
Mean strut area, (mm <sup>2</sup> )	0.14±0.04	0.11±0.03	0.06±0.02	0.001
Covered struts (%)	-	98.99±1.59	99.24±2.27	0.102

# Paired IVUS Analysis



Parameters	Post-procedure (n=10)	6-month (n=10)	2- year (n=10)	Friedman p-value
Mean lumen area, (mm <sup>2</sup> )	6.17±1.28	6.28±1.28	5.47±1.50	0.30
Minimum lumen area, (mm <sup>2</sup> )	5.14±1.19	4.88±1.05	4.05±1.42	0.741
Mean scaffold area, (mm <sup>2</sup> )	6.20±1.27	6.54±1.29	5.94±1.34	0.122
Mean vessel area, (mm <sup>2</sup> )	12.91±4.05	13.05±3.30	11.98±3.03	0.061
Neointimal hyperplasia area, (mm <sup>2</sup> )	-	0.14±0.16	0.40±0.35	0.002
<b>Volume obstruction (%)</b>	-	<b>2.59±3.10</b>	<b>7.50±6.08</b>	<b>0.002</b>

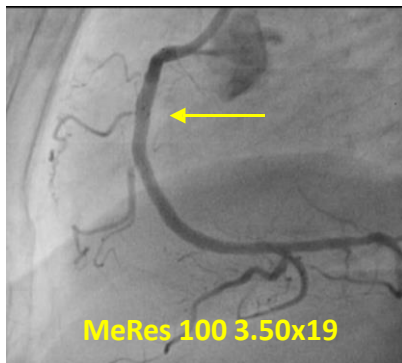


# MeRes100 Case + OCT F/up out to 2yrs

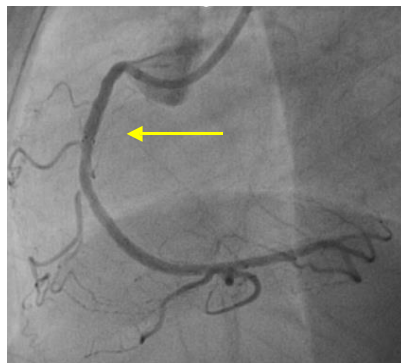


47y/F | Diabetic | Hypertensive | No family history | Non-smoker | Stable angina

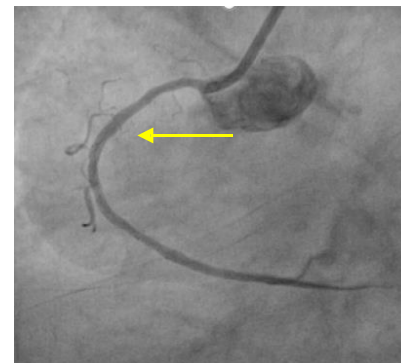
Post-Procedure



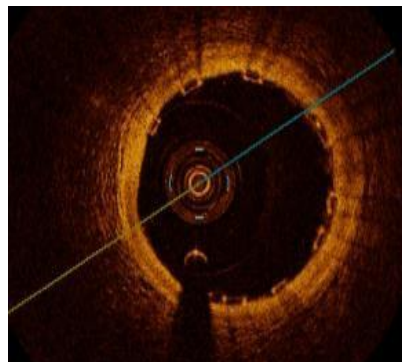
6-Month FU



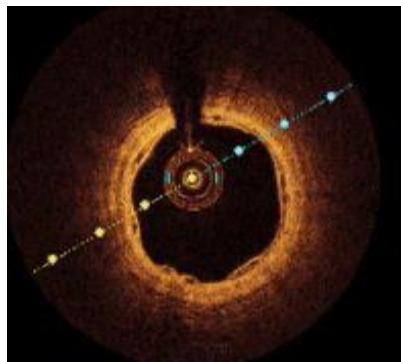
2-Year FU



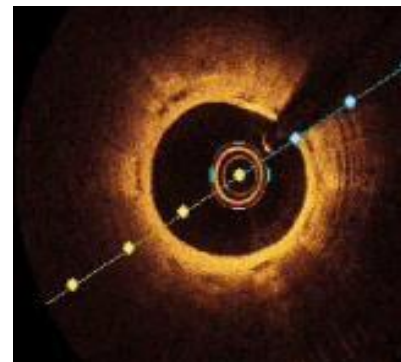
Post-Procedure



6-month OCT f/up

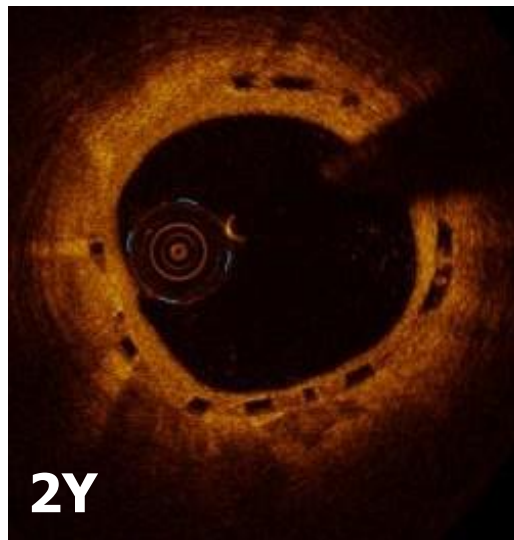


2-Year OCT f/up



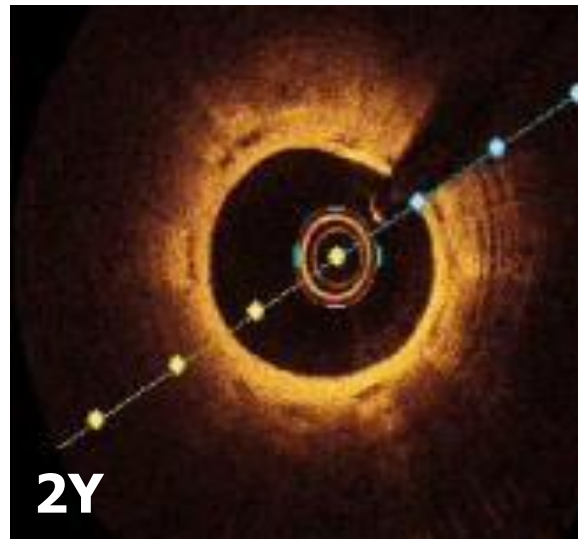
# 2<sup>nd</sup> Generation BRS holds promise

## Absorb



Absorb 5-Year Cohort B Presented by Patrick W. Serruys

## MeRes100



Data on file at Meril Life Sciences, Pvt. Ltd.

- MeRes-1 trial, the 1<sup>st</sup> human evaluation of novel 2<sup>nd</sup> generation MeRes100 BRS with 100µm struts demonstrated high acute success as well as long term clinical success up to 3-year follow-up with **very low MACE rate of 1.87% (2, ID-TLR)** and **Zero Scaffold Thrombosis (ST)**.
- All four imaging modalities are consistent in demonstrating high efficacy of MeRes100 – BRS:
  - QCA at 2-years: **Low late lumen loss ( $0.24 \pm 0.34$  mm)**
  - OCT at 2-years: Virtually **complete strut coverage (99.24%)**
  - IVUS at 2- years: Sustained mean flow area and **very low %VO (7.50%)**
- These encouraging results of MeRes-1 study provide the basis for further studies, using a wider range of lengths and sizes in more complex and larger patient population.



# MeRes-1 trial (3 years follow-up) simultaneous publication in EuroIntervention



CORONARY INTERVENTIONS  
CLINICAL RESEARCH

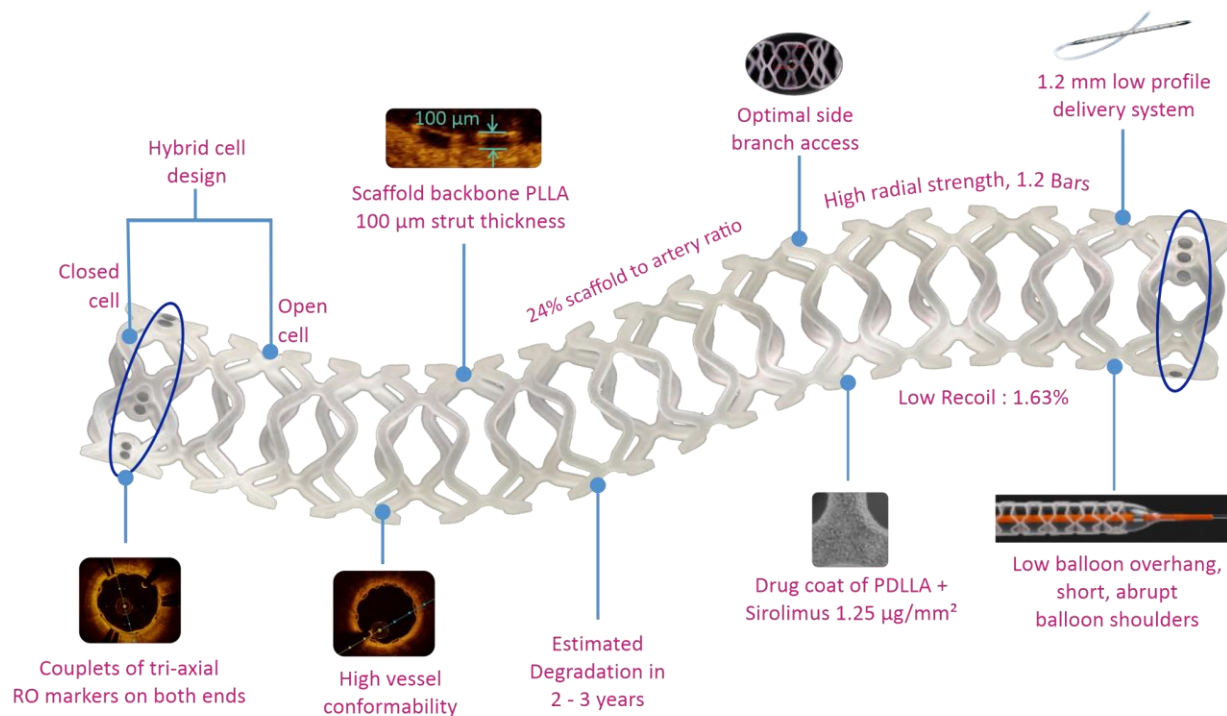
■ EuroIntervention 2019;15:1-9 published online

## Three-year clinical and two-year multimodality imaging outcomes of a thin-strut sirolimus-eluting bioresorbable vascular scaffold: MeRes-1 trial

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Alexandre Abizaïd<sup>13</sup>, MD, PhD; Patrick W. Serruys<sup>14</sup>, MD, PhD

# MeRes100 (100µm BRS)

## Sirolimus-Eluting Bioresorbable Vascular Scaffold



2019 | euro  
PCR

Thank You